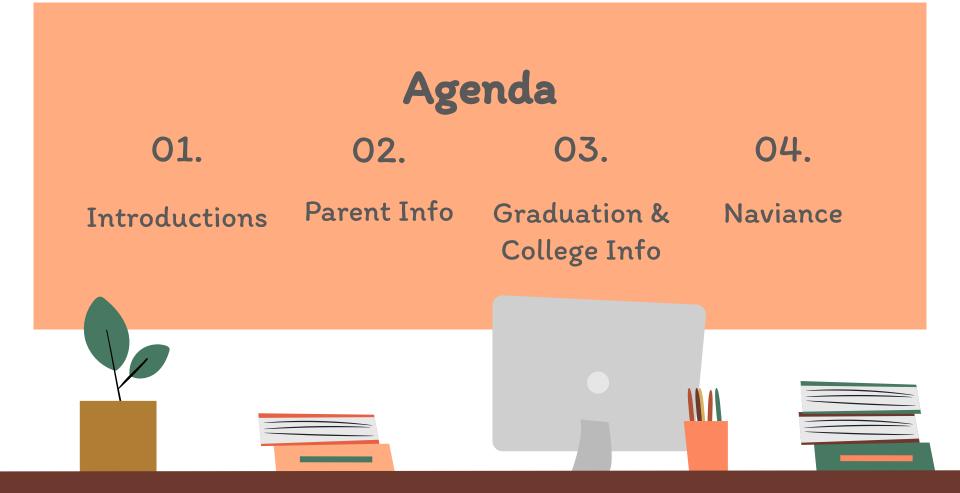


CLASS OF 2025 & 2026



School Counselors - Academics, College & Career, Personal & Social





Ms. Garcia

College Counseling

- → Naviance Career & College Platform
 → College & Career Center Website (coming soon)
 → Trends in College Admissions
 → Visits with College and Career Reps
 → Upcoming College Fairs & Events
- → Scholarship Information
- → Financial Aid Workshops
- → SAT/ACT Information



Ms. Gonzalez

Follow us

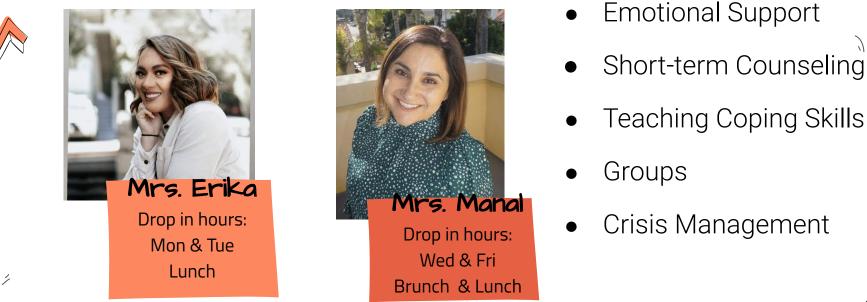
@cvchs.ccc



MEET OUR CV MARRIAGE & FAMILY THERAPISTS (MFT)









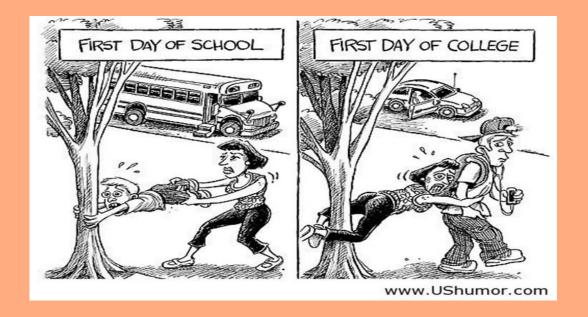
If you are interested in therapeutic services, see your counselor for a referral

How do students reach their counselor?

- → Drop-in before/after school, brunch/ lunch. No appointment required.
- → Email (preferred) for a quick question or to schedule an appointment during the school day. A pass will be sent to the class to excuse the student.
- → Call and leave a message for the counselor using their school extension.



Transitions

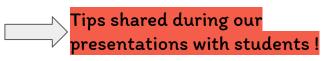


How can I help my child?!

- Monitoring grades weekly (PowerSchool, Schoology) It can feel like a roller coaster if you look at grades daily.
- Check the CVCHS **website** and **bulletin** weekly for information on Homework Help and other support activities.
 - Encourage your student to attend Office Hours with their teachers.
 ***This is a skill they will <u>need</u> in college.
- Help your student to consider their **options** when faced with difficulty avoid solving problems for them. This is the time when students should **experience** failure and **learn** to move forward.

Student Checklist for Success

- ✓ Monitor grades WEEKLY and school work DAILY in PowerSchool & Schoology.
- ✓ Attend teacher office hours; schedule a parent teacher conference, if needed.
- ✓ Create a structured study time at home free from distractions.
- ✓ Studying AND Homework = Long term memory.
- ✓ Organize your backpack.
- ✓ Use an academic planner, have a "Turn it In" folder for homework.
- ✓ Practice self care....get at least 8 hours of sleep, go for a walk, run, hang out with friends or family.
- ✓ Unplug! Turn your phone OFF one hour before bed.
- ✓ Attend school regularly, keep up with work it is difficult to self-teach high school material.





Programs, Academies, Athletics, & Clubs

Programs

Link Crew

Band

Choir

Theatre/Drama

AVID

Leadership

Academies

Engineering & Design Clayton Arts

Medical Careers

Public Service

Digital Arts & Technology

Get involved!!!



DIGITAL ARTS Academy

PROGRAMS, ACADEMIES, ATHLETICS, & CLUBS

Sports

Fall	Winter		Spring
		Badminton	
Football	Basketball	Baseball	Tennis (B)
Golf (Girls)	Soccer	Golf (B)	
Tennis (Girls)	Wrestling	Lacrosse	Track & Field
Volleyball (G)		Softball	Volleyball (B)
Waterpolo		Swimming	g
Cross Country		Competition Cheer	



<u>Clubs</u>

Key Club

Hands for Humanity

CVCHS Spectrum Club

HOSA – Future Health Professionals

Anime

National Honor Society

Odd Instruments Club

Debate Team

Black Student Union

Mountain Biking Club

...and more!





HOW DO I KNOW WHAT IS GOING ON AT CVCHS?

Parent bulletins are sent out via email each week. Subscribe to bulletin and check email daily!

Bulletins are posted on the main page of the school website. Join Parent Faculty Club (PFC)!

Link <u>here</u>

Visit the official CV Facebook page:

Link <u>here</u>

CVCHS WEBSITE





Testing, athletic activities, schoolwide events, etc.

CALENDAR/EVENTS

Comes out weekly on Tuesday's



COUNSELING

Presentations/PPT's posted here, resources for course selection, college/career info



ATHLETICS

Coach contacts, schedules, physical form, etc.

POWERSCHOOL & SCHOOLOGY PARENT ACCOUNTS



Grades & attendanceApp available



Assignments Grades



Monitor progress!!!

Staying on Track to Graduate

A/B/C grades

<u>Credits</u>

<u>Students should</u>

Credit Recovery

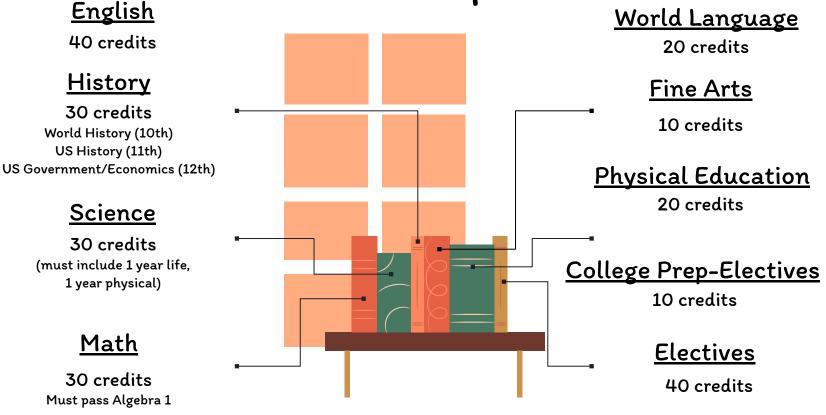
3 options:

- Online
- Community College
- Repeat "In Seat"

To earn credit for a course, the class must be passed with a "C" or higher at the <u>end</u> of the semester

earn 30 credits each semester. 2"

Graduation Requirements



Total = 230 credits

UC/CSU Admission REquirements

A. History/Social	2 years:	
Science	World History, U.S. History/Government	
B. English	4 years: College Prep English	
C. Math	3 years of math. 4 years is highly recommended Algebra 1, Geometry, Algebra 2	
D. Laboratory Science	2 years of lab science. 3 years is recommended Biology, Chemistry, Physics	
E. Language other than	2 years same language, 3 years is recommended.	
English	French, Spanish, or ASL, etc.	
F. Visual/Performing	1 year of a college prep course from	
Arts	Art, Dance, Music, or Theater (drama)	
G. College Prep.	1 year of a college prep electives	
Elective	ex: Earth Science, Economics, etc.	
Test Requirements	SAT or ACT not utilized for UC; temporarily suspended for CSU through Fall of 2022 admissions	



ADVANCED PLACEMENT (AP) & HONORS COURSES

Weighted GPA: includes additional grade points for AP/Honors courses (for "C" grades and higher)

A = 5.0 B = 4.0 C = 3.0 D = 0 F = 0

Unweighted GPA: grades measured on a regular 4.0 scale

A = 4.0 B = 3.0 C = 2.0 D = 0 F = 0 High school students may take as many honors/AP courses as they wish!...

However,

- UC & CSU limit the # of "honors" points granted to a student:
 - 4 courses (8 semesters)
 - Only 2 courses (4 semesters) from 10th grade

Remember...

Quality over Quantity



Key differences

HS Graduation

- \rightarrow PE: 2 years
- → Math: 3 years
- → World Language: 2 years

College Entrance

- → Math Must include:
 - Geometry
 - Algebra 2 or higher
- → World Language:
 - 2 years <u>OR</u> Level 2
 Tests: SAT or ACT may
 - be required for private
 - or out-of-state schools
- Demonstrated college readiness; multiple measures

A-G Graduation Cord

- → Seniors who meet the
 A-G course requirement
- → Red, White and Blue cord will be worn at graduation
- → CVCHS will provide the cord

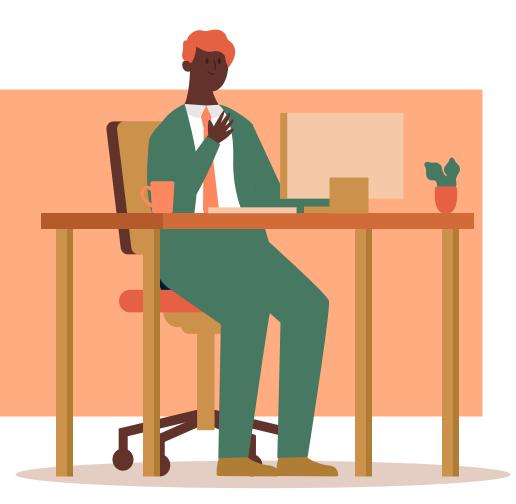


COLLEGE BOUND STUDENT ATHLETES: NCAA

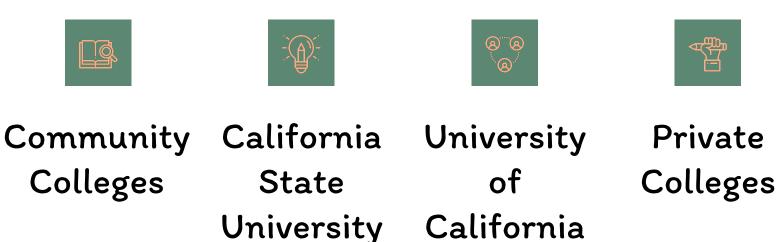
- → Register for NCAA Elgibility Center no later than Junior year (Eligibilitycenter.org)
- \rightarrow Complete a total of 16 Core Courses in:
 - English, Math, Science, Social Science, Foreign Language
 - 10 of the 16 core must be completed <u>PRIOR</u> to Senior year
 - Earn over a 2.3 GPA DI; 2.2 for DII (in your 16 core)
 - SAT/ACT Scores (SUSPENDED due to COVID)
- → Not all courses are approved for NCAA-work with your School Counselor (especially online courses!)
- → Need to repeat a class? See your School Counselor for options

HERE

College Planning



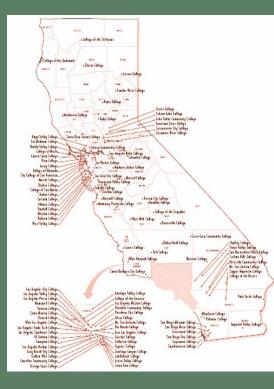
California's 4 Systems of Education



(UC's)

(CSU's)

California Community Colleges



Number of Campuses:

→ 114

Requirements:

- → 18 or High School Diploma
- → Apply & Register for Classes

What They Offer:

- → Transfer Options: UC/CSU/Other Colleges
- → AA/AS Degrees (2 years)
- → Vocational Training
- → Certificate Programs

California State University

NUMBER OF CAMPUSES:

→ 23 REQUIREMENTS:

- → A-G Requirements
- → 2.5 Academic GPA or Higher
- → 2.0 2.49 GPA; supplemental factors

WHAT THEY OFFER:

- → Bachelor's Degrees (4 years)
- → Master's Degrees (2 years)



University of California

Requirements What They Offer:

- → A-G Requirements
- → 3.0 Academic GPA or Higher
- → Extracurricular Activities
- → Personal Insight Questions (Essays)
- Bachelor's & Master's Degrees
- → Law, Medical, Doctoral Degrees

Private &

Independent Colleges

Number of Campuses:

→ 82 (in California)

Requirements:

- → Most will require similar A-G Coursework, may require SAT or ACT
- → Many require an essay and letters of recommendation

... Double-check their websites for admissions requirements

What they offer:

Bachelor's & Master's Degrees Law, Medical & Doctoral Degrees

Out-of-State

Colleges

Number of Campuses:

→ 3400+

Requirements:

- Most will require similar to A-G Coursework, may require SAT or ACT
- → Many require an essay and letters of recommendation

... Double-check their websites for admissions requirements!

Why Apply Out of State?

- → Higher Admit Rates
- → Higher 4-year Completion Rates
- → Potential Scholarships
- → WUE Western Undergraduate Exchange Program:
 - 16 western states participate



→ www.collegeboard.com

Part of College Bound Day for all students in 11th grade

 Connected to National Merit Scholarship

Pre-ACT

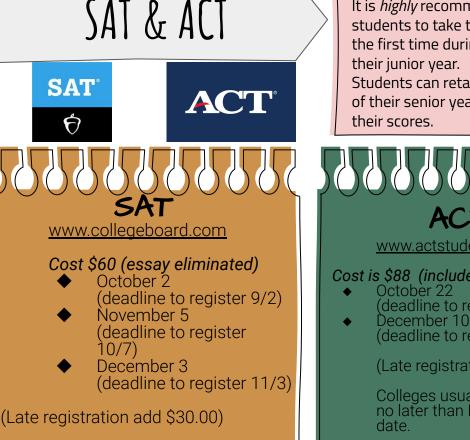
→ <u>www.actstudent.org</u>

Part of College Bound Day for all students in 10th grade

As of 2022, SAT/ACT will not be utilized for UC/CSU's

SAT/ACT scores may still be required for:

- Private or out-of state school
- SAT and ACT can be used for placement into English and Math courses at the college.
- Scores are often used for consideration in the Western Undergraduate Exchange Program (WUE), which if qualified gives significant breaks on tuition for participating schools in the Western United States.
- Scores may be used for scholarship consideration.
- NCAA may utilize them for eligibility determination



It is *highly* recommended for students to take the SAT/ACT for the first time during the spring of their junior year. Students can retake during the fall of their senior year to improve

www.actstudent.org

Cost is \$88 (includes writing)

- October 22 (deadline to register 9/16)
- (deadline to register 11/4)

(Late registration add \$36.00)

Colleges usually want scores no later than December test

EXAM-*If you are on Free/Reduced lunch, see Ms.Gonzalez for a fee waiver.

SAT & ACT TEST PREP

Free Online Test Prep:



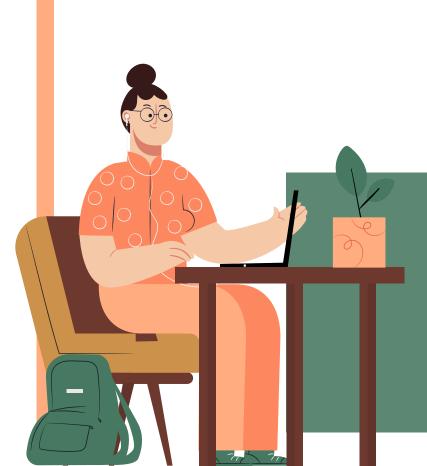
ACTAcademy











Naviance: Grade Level Tasks & Timeline

NAVIANCE

- A comprehensive platform that the Counseling Department utilizes to:
- ✓ Help students discover their interests
- Learn about potential majors and careers
- Explore enrichment and scholarship opportunities
- ✓ Prepare for the college application process.

https://student.naviance.com/claytonvh

What is Naviance?



Naviance: What is it for?!

- October 18th Completed 9th Grade Advisory
- October 26th Starting 10th Grade Advisory

•Four year academic plan (9th, 10th, 11th)

 \circ Career assessments (10th)





•College/Job resume (11th)

- •College Search (11th)
- •Build College list (11th)
- •College Visit sign-up (11th & 12th)

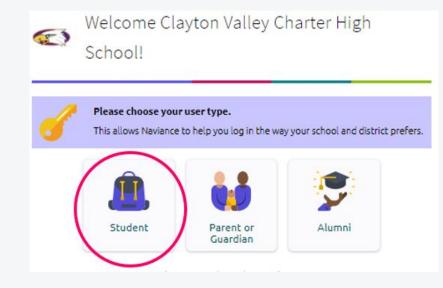
Enrichment programs (11th & 12th)

•Scholarships (12th)

Monitor your college applications (12th)

NAVIANCE LOG-ON

- Sign into your student Gmail account.
- Navigate to CVCHS's Naviance webpage: https://student.naviance.com/claytonvh
- From the school's Naviance Student login page, select Student.





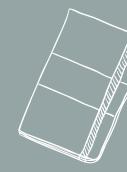
How to create a "4-Year Plan" on Naviance

- 1. Click "Courses"
- 2. "Plan coursework"
- 3. Click pink "+" sign
- 4. "Create plan from scratch"
- 5. "Choose and View Plan"
- 6. Look-up courses you are taking and plan to take

*** A great tool for Course Selection***







THANK YOU!

Questions?

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