

MONITORING CHART

Name:	Week	heginning.	
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ACTIVITY & DETAILS	CARRY OVER	М	TU	W	TH	F	SA	SU	TOTAL
					100				
Dalinta agus ad taga day				1 11 2					
Points earned per day Running total									
Points used per day									
Points remaining / carried									
Daily rewards									
	1								
Weekly rewards									
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